

2025 IHSAA Boys State Qualifying Standards

Event	2022 State – 9 th Place	2023 State – 9 th Place	2024 State – 9 th Place	2025 State Standard
3200 M Relay	7:55.19	7:55.23	7:58.41	7:56.28
110 M Hurdles	14.85	14.68	14.77	14.77
100 M Dash	10.90	10.90	11.23	11.01
1600 M Run	4:15.87	4:15.36	4:18.87	4:16.70
400 M Relay	42.45	42.23	42.65	42.44
400 M Dash	49.19	48.61	49.40	49.07
300 M Hurdles	39.47	39.35	39.24	39.35
800 M Run	1:54.84	1:54.52	1:56.28	1:55.21
200 M Dash	21.98	21.95	22.69	22.21
3200 M Run	9:11.71	9:09.87	9:11.15	9:10.91
1600 M Relay	3:21.56	3:21.83	3:22.38	3:21.92
Discus	158' 9"	166' 9"	158' 8"	161' 4"
Shot Put	57' 4.5"	56' 4"	55' 3.75"	56' 4"
Long Jump	22' 2"	22' 1"	21' 8"	21' 11.5"
High Jump	6' 4"	6' 6"	6' 6"	6' 5"
Pole Vault	14' 0"	14' 9"	15' 0"	14' 6"

2025 IHSAA Girls State Qualifying Standards

Event	2022 State – 9 th Place	2023 State – 9 th Place	2024 State – 9 th Place	2025 State Standard
3200 M Relay	9:25.87	9:21.68	9:23.34	9:23.63
100 M Hurdles	14.54	14.84	15.05	14.81
100 M Dash	12.17	12.12	12.42	12.24
1600 M Run	5:01.10	4:59.62	4:55.90	4:58.87
400 M Relay	48.52	48.27	48.44	48.41
400 M Dash	57.79	57.11	57.42	57.44
300 M Hurdles	45.43	45.86	45.03	45.44
800 M Run	2:16.09	2:14.61	2:13.33	2:14.68
200 M Dash	25.37	25.23	25.42	25.34
3200 M Run	10:47.35	10:57.43	10:37.94	10:47.57
1600 M Relay	3:59.08	3:58.74	3:57.23	3:58.35
Discus	125' 7"	124' 5"	131' 10"	127' 3"
Shot Put	41' 2.5"	41' 11.25"	42' 2.25"	42' 9.25"
Long Jump	18' 2.25"	18' 1.5"	17' 9.25"	18' 0.25"
High Jump	5' 4"	5' 5"	5' 5"	5' 4"
Pole Vault	11' 3"	11' 6"	11' 0"	11' 3"