

# 2024-25 Swimming State Standards

## Girls State Swimming-16th Place Qualifying Times

Event	2022	2023	2024	2024-25 State Standard
200 yd. Medley Relay	01:49.49	01:48.87	01:47.96	01:48.77
200 yd. Freestyle	01:53.27	01:54.76	01:52.84	01:53.62
200 yd. Individual Medley	02:09.59	02:07.36	02:08.04	02:08.33
50 yd. Freestyle	00:24.13	00:24.27	00:24.24	00:24.21
100 yd. Butterfly	00:57.45	00:56.75	00:57.56	00:57.25
100 yd. Freestyle	00:52.14	00:52.78	00:52.66	00:52.53
500 yd. Freestyle	05:10.05	05:07.66	05:08.01	05:08.57
200 yd. Freestyle Relay	01:39.61	01:38.67	01:39.90	01:39.39
100 yd. Backstroke	00:57.27	00:57.67	00:56.86	00:57.27
100 yd. Breaststroke	01:05.72	01:06.06	01:05.91	01:05.90
400 yd. Freestyle Relay	03:36.24	03:38.22	03:36.79	03:37.08

## Boys State Swimming-16th Place Qualifying Times

Event	2022	2023	2024	2024-25 State Standard
200 yd. Medley Relay	01:36.98	01:36.10	01:37.72	01:36.93
200 yd. Freestyle	01:42.99	01:41.74	01:43.46	01:42.73
200 yd. Individual Medley	01:55.03	01:55.84	01:54.25	01:55.04
50 yd. Freestyle	00:21.46	00:21.45	00:21.38	00:21.43
100 yd. Butterfly	00:50.97	00:50.93	00:50.99	00:50.96
100 yd. Freestyle	00:47.08	00:47.13	00:46.85	00:47.02
500 yd. Freestyle	04:42.35	04:40.42	04:44.64	04:42.47
200 yd. Freestyle Relay	01:27.21	01:27.86	01:28.68	01:27.92
100 yd. Backstroke	00:52.02	00:52.00	00:51.64	00:51.89
100 yd. Breaststroke	00:58.18	00:57.74	00:58.57	00:58.16
400 yd. Freestyle Relay	03:13.81	03:13.78	03:13.05	03:13.55

