



2025 IHSAA Track & Field State Finals Information

Congratulations on your advancement to the IHSAA Track & Field State Finals Tournament.
North Central High School Track Complex 1801 East 86th Street Indianapolis, IN 46240

A. Tourney Personnel

Assistant Commissioner Jane Schott – Tournament Administrator of Girls and Boys Track & Field
Ally Cummins – Boys and Girls Track & Field Tournament Assistant
Assistant Commissioner Brian Lewis - Tournament Administrator of Unified Track & Field
Libby Chang – Unified Track & Field Tournament Assistant
Jim Self - Tournament Director

B. Dates and Times:

Thursday, June 5th - Practice Sessions

8:00 a.m. – 7:30 p.m. Boys & Girls Practice Session (All NC gates will be locked by 7:40 p.m.)
Teams will enter NC Track Stadium through the Westfield Rd entrance.

Friday, June 6th - Boys State Finals

8:00 a.m. – 12:30 p.m. Boys & Girls Practice Session - Competition Areas close at 12:30 p.m.
1:00 p.m. – 5:00 p.m. Boys Team Registration
(Team Registration will be at the team drop off point at the southwest corner of the track complex, see map)

3:00 p.m. - Pole Vault, Long Jump, Discus
3:30 p.m. - High Jump, Shot Put (*will begin after the discus event*)
4:15 p.m. - 3200m Relay Finals
5:00 p.m. - Running Event Trials
6:15 p.m. - Running Event Finals

Saturday, June 7th

UNIFIED State Finals

9:30 a.m. – 10:30 a.m. Unified (*only*) Practice Session & Team Registration
(Team Registration will be at the team drop off point at the southwest corner of the track complex, see map)

11:00 a.m. – Long Jump and Shot Put
12:00 p.m. – 100m Dash Finals (Running events will begin once all field events have concluded)
12:15 p.m. – 400m Dash Finals
12:45 p.m. – 400m Relay Finals (Boys)
1:00 p.m. – 400m Relay Finals (Girls)

Girls State Finals

9:30 a.m. – 5:00 p.m. Girls Team Registration
(Team Registration will be at the team drop off point at the southwest corner of the track complex, see map)

3:00 p.m. - Pole Vault, Long Jump, Discus
3:30 p.m. - High Jump, Shot Put (*will begin after the discus event*)
4:15 p.m. - 3200m Relay Finals
5:00 p.m. - Running Event Trials
6:15 p.m. - Running Event Finals

C. Location

North Central High School Track Complex - 1801 East 86th Street Indianapolis, IN 46240

D. Team Drop Off / Parking

Entrance will be off of Westfield Road. Team drop-off will be at the team drop off point, at the southwest corner of the track complex (see map). Buses and vans will be directed to park in the transportation lot to the west of NC Track Complex. There will be signs directing drivers to the lot. Fans will be directed to the spectator lots for parking.

E. State Meet Practice Schedule

Teams will not be permitted to use NC Track Stadium before Thursday, June 5th. Only IHSAA teams are permitted to use the complex Thursday, June 5th through Saturday, June 7th. **(Please review section ‘R-Facilities & Equipment’, specifically items 3, 4, & 6).**

Athletes and coaches must be off all track areas and conclude all practice activities at the end of each practice session. If athletes wish to cool-down after the practice session, they must do so away from the NC Track Complex. Please make sure you are aware of your time.

Thursday, June 5th

Boys & Girls Practice Session - 8:00 a.m. to 7:30 p.m. (All NC gates will be locked at 7:40 p.m.)

Teams will enter NC Track Stadium through the Westfield Rd entrance.

Friday, June 6th – Boys Championship

Team access and exit through Westfield Rd entrance.

Boys & Girls Practice Session – 8:00 a.m. – 12:30 p.m.

All Competition Areas Close at 12:30 p.m. No Athletes or Coaches in competition Areas.

Saturday, June 7th – Unified and Girls Championships

Team access and exit through Westfield Rd entrance.

Unified (*only*) Practice Session & Team Registration - 9:30 a.m. to 10:30 a.m.

Unified Team’s Facility Access - 9:30 a.m. to time of meet.

- All Competition Areas Close at 10:30 a.m.
- Only Unified Athletes and Coaches in competition Areas.

F. Team Registration Times and Procedure *(Please be on time)*

(Team Registration will be at the team drop off point at the southwest corner of the track complex, see map)

Friday, June 6th

Boys: 1:00 p.m. - 5:00 p.m.

Saturday, June 7th

Unified: 9:30 a.m.-10:30 a.m. (Unified field events will begin at 11:00 a.m.)

Girls: 9:30 a.m. - 5:00 p.m.

G. Admission - [Link for Tickets](#)

Coaches, contestants, and student managers:

Wristbands will be provided for 2 coaches and 1 student manager for each participating school. These will be included in your packet. If your school has a competitor(s) in a field event, there will be an additional wristband(s) allowing access to the coach’s box for the designated field event. (Wristbands are NON-TRANSFERABLE)

Student Athletes not competing *must* have a ticket for admittance.

School Administration:

Two (2) complimentary digital tickets will be ***emailed*** to Athletic Directors. Sign-in will NOT be required. Additional tickets may be purchased for **\$15.00**.

General Admission:

Spectators should enter through the main entrance off 86th Street. The admission price is **\$15.00** per person. Gates open at 2:00 p.m. on Friday, June 6th and 9:30 a.m. on Saturday, June 7th. Tickets will be available through Eventlink. All tickets can be redeemed one time. There are no pass outs.

Concessions: Concessions and food trucks will be available.

H. Awards

Medals for running events will be presented one event behind. Contestants must obtain medals personally at the awards stand located in the infield, as announced. Medals for field events will be presented as soon as possible following the event. The top 9 places will receive medals. The Mental Attitude Award, Championship and Runner-up team trophies will be presented after the meet.

The Mental Attitude Award Nominee form is located at www.myIHSAA.net (Resource Library). The completed Mental Attitude Award is due during the Team Registration. Completed online nomination forms must be submitted to Ally Cummins (acummins@ihsaa.org) by Wednesday, June 4th at noon EST.

I. Supervision

Contestants must be accompanied by a coach or a representative designated by the principal.

J. Team Camps

Grassy area in the practice field of the southeast corner of the stadium. Teams may use freestanding tents in this area. NO STAKES shall be used to construct tents. No tents are allowed for the Thursday practice day. **No tents or umbrellas on the perimeter fence around the track please.**

Singe Person Shade Tents

Shade tents are to be used only by the participants, must be in the designated turf area(s) and will not be permitted on the hard surface.

K. Restrictions

- Signs and banners are prohibited.
- Glass bottles, cans, coolers and alcoholic beverages will not be permitted in the stadium.
- Music without earphones, etc., will not be permitted in the stadium.
- No headphones or electronic devices on the track, at an event area, at any time. This is a safety issue, and athletes will be asked to leave the track if there is a safety compliance issue.
- Please do not enter the press box.
- No one is to be in any other North Central High School building outside the NC Track Complex.
- No tents or umbrellas in the stands.

L. Sportsmanship

The responsibility for fair play and good sportsmanship rests not only with the school administrators and student body, but most importantly with the coaching staff and athletes. The IHSAA Executive Committee expects and demands the coach of every school behave like a leader and an educator. It further expects that he/she inform the athletes of their responsibilities during the tournament.

M. Coaches' Boxes

There will be coaches' boxes on the infield for pole vault, long jump and high jump. There will be coaches' boxes by the competition area of shot put and discus. Only 1 coach is permitted in the coaches' box during their athlete's flight. Access will only be granted with a specific wristband issued by the IHSAA. After a school's participant is eliminated from the field event, the coach and athlete are to leave the field event area.

N. Physicians/Trainers Tent

Located at the south end of the stadium. This service will be available to contestants throughout the meet.

O. Warm-up and cool-down

The practice field located southeast of the NC Track Complex will be used as a warm-up and cool down venue. The staging building will house ice baths if needed based on the weather.

- No athletes on the NC Baseball Field at any time, or beyond any barricades around the practice area.
- Only athletes, coaches, and/or athletic trainers in the warm-up/cool-down area. No parents or non-competing athletes.

P. High Jump and Pole Vault Starting Heights and Progressions

Posted on www.myIHSAA.net in the Resource Library/Track & Field.

Q. Advancement to Finals with Power Failure

In the event of a malfunction of the automatic timing system, advancement from trials to finals shall be: Hurdles, 100m, 200m - first 3 from each heat.

R. Facilities and Equipment

1. **Fully automatic timing equipment will be used. No hand-held back-up times will be used.**

2. All equipment to be used in the weight events shall be weighed and checked for every dimension prior to the starting time of the field events, and will be impounded upon weighing in, in the Officials Room located in **Locker Room #3** at the south end of the stadium.
3. Lanes 1, 2, or 3 - No hurdles, relay exchanges, or blocks in lanes 1, 2, or 3 at any time.
4. Hurdles – Please drop to the lowest setting placed no more than 10 to a cart when finished. There will be racks left in numerous locations on the track.
5. Only spikes of 1/4" will be permitted. Hex head and needle spikes will **not** be permitted. This includes practices and meets.



6. Starting blocks – Please place back on carts after use. Please do not leave blocks on the track or infield when you are finished. Teams may use their own blocks for both practice and the meets if approved by an IHSAA official. Blocks cannot have any longer than 1/2" spikes. Blocks may not be used if requiring someone to hold them in place. The IHSAA and North Central will not be responsible, or ship blocks left at the facility.
7. Marks - Tape may be used for marks and relays, but please remove all tape and throw away when you are finished. Do not use chalk or thumbtacks anywhere on the track surface.
8. Check marks for the high jump event are limited to 2 per contestant. No markings shall be permitted within 4 feet of the bar.
9. Field events areas may be used only if the event coach is present. Athletes are not permitted to throw implements or practice jumping if they do not have a coach supervising the event.
10. Horizontal Jumps - Rakes/brooms should be left at the pits. Any sand thrown from the pits should be swept back into the pits before you leave. The long jump boards are 10' 2" from the sand pits.
11. Vertical Jumps - Pole vault and high jump pits are to be covered at the end of the session. Do not move any landing pits. Crossbars will not be available for practice sessions. Leave any bungee on the standards.
 - Pole Vault Equipment may be stored in **Locker Room #3** on the south end of the stadium both Thursday and Friday. **Please do not leave your starting blocks at the track overnight.**
 - There will not be any tip-n-tilt bleachers on the infield in the coaches' area during competition.
 - High Jump Passes – contestants who have passed 3 consecutive heights may have a run-through without the bar.
12. Discus - Do not move, twist, lift, or tie-back any part of the discus cage.
13. A 34.92-degree sector will be used for the shot put and discus events.
14. Excused Contestant for Field Events
 - The contestant shall inform the running event clerk if he/she is a contestant in a field event.
 - The contestant shall leave the field event on the 2nd call for a running event
 - The field event judge shall record the time the contestant leaves the field event
 - If the race is 400m or less, the contestant shall return to the field event no more than five (5) minutes after the completion of his/her respective race.
 - If the race is 800 m or more, the contestant shall return to the field event no more than ten (10) minutes after the completion of his/her respective race.
15. Visiting Team's Equipment - The IHSAA and North Central will not be responsible or ship any equipment left at the facility.
16. Restrooms - located throughout the stadium.
17. Trash - Please make sure all trash is placed in a trash or recycling receptacle.

S. Relays

All eligible relay participants are listed on materials retained by the Clerk of the Course. Your relay team is required to report the four names of the actual participants to the clerk upon check-in.

T. Event Check-In

Please have your contestants report to the Clerk of the Course on the first call for all events. The Clerk will be located in the building at the south end of the stadium.

U. Pole Vault Verification

Pole vaulters shall report to **Locker Room #3** at the south end of the stadium to turn in their pole vault verification form and their pole inspected prior to the competition beginning. Each vaulter's weight must be verified by his coach on the form provided by the IHSAA. The form must be given to the head pole vault judge prior to competition.

V. Results

Results will be available to the media at the media filing area upon the conclusion of the meet. Results may be from the IHSAA website at www.ihsaa.org and <https://www.directathletics.com/>.

W. Expense Forms

Expense forms will NOT be distributed by the IHSAA. The IHSAA office will calculate expenses and send reimbursements to member school principals after the conclusion of the tournament series.

X. Approximate Time Schedule

- Field Event Trials and Finals
 - 3:00 p.m. - Pole Vault, Long Jump & Discus
 - 3:30 p.m. - High Jump, Shot Put (*will begin after Discus*)

- Running Events

4:15 p.m. - 3200m Relay	6:45 p.m. - 400m Relay
5:00 p.m. - 100m Dash Trials	7:05 p.m. - 400m Dash
5:15 p.m. - 100m/110m Hurdle Trials	7:20 p.m. - 300m Hurdles
5:40 p.m. - 200m Dash Trials	7:45 p.m. - 800m Run
6:10 p.m. - Opening Ceremonies	8:05 p.m. - 200m Dash
6:15 p.m. - 100m/110m Hurdles	8:15 p.m. - 3200m Run
6:25 p.m. - 100m Dash	8:30 p.m. - 1600m Relay
6:35 p.m. - 1600m Run	

We anticipate an outstanding event and wish all participants a satisfying and enjoyable competitive experience. If you have further questions about Boys and Girls Track & Field, contact Jane Schott at jschott@ihsaa.org / 765-426-6843 or Ally Cummins acummins@ihsaa.org / 317-979-2337. If you have further questions about Unified Track & Field, contact Brian Lewis blewis@ihsaa.org / 812-630-2736 or Libby Chang lchang@ihsaa.org / 574-209-2122.

Practice & Registration Schedule:

Thursday, June 5 th	Friday, June 6 th Boys State Finals	Saturday, June 7 th Unified & Girls State Finals
Boys & Girls Practice Session 8:00 AM – 7:30 PM	Boys & Girls Practice Session 8:00 AM – 12:30 PM	Unified (<i>only</i>) Practice Session 9:30 AM – 10:30 AM
NO Team Registration	Boys Team Registration 1 PM – 5 PM	Unified & Girls Team Registration 9:30 AM – 5 PM
	(No Girls or Unified Team Registrations allowed)	
	All competition areas close at 12:30 p.m.	



IHSAA Track & Field State Finals

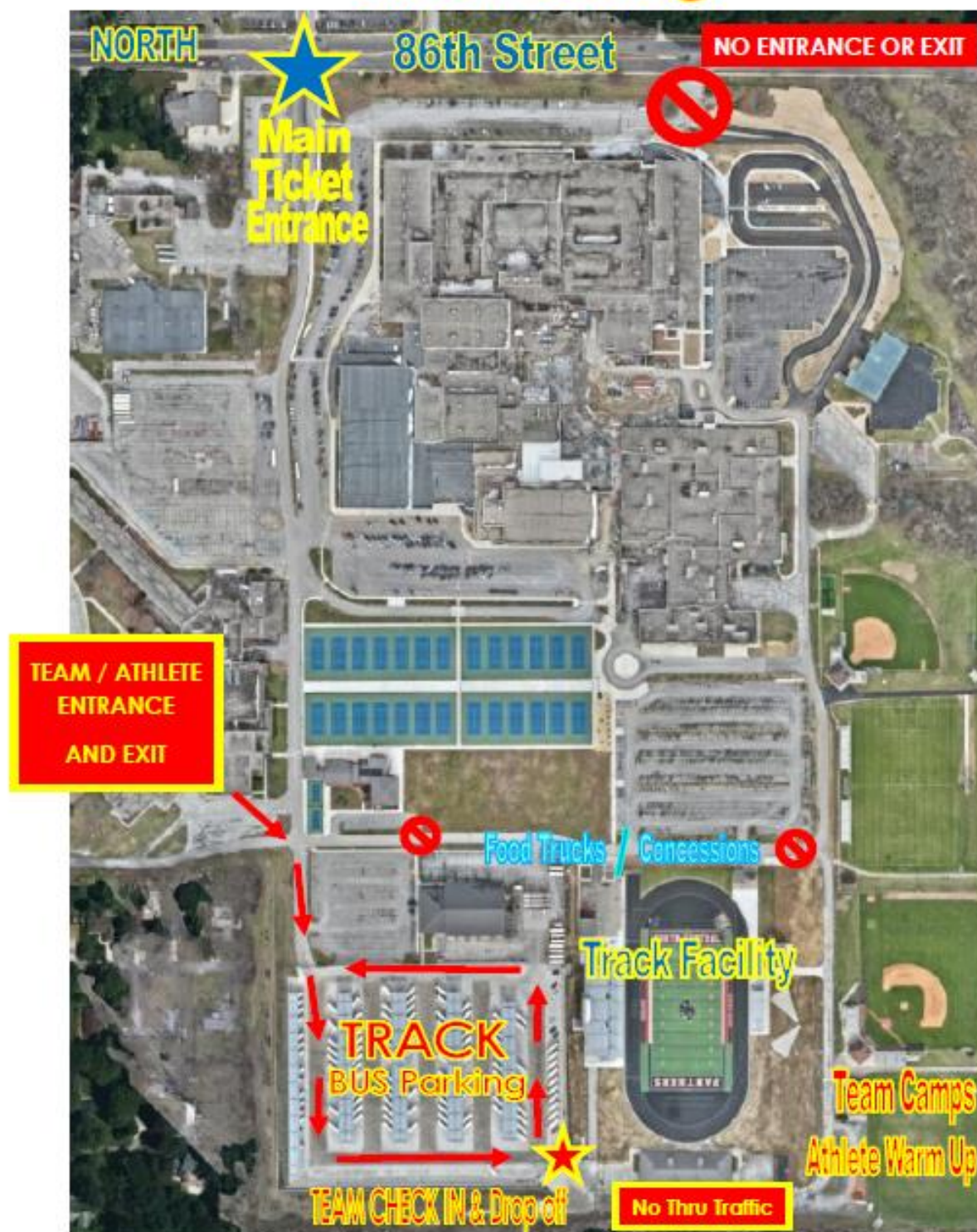


North Central High School

1801 E 86th St | Indianapolis, IN 46240



TRACK Team Bus Drop-off and Parking



IHSAA Track & Field State Finals



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Athlete Information



IHSAA Track & Field State Finals

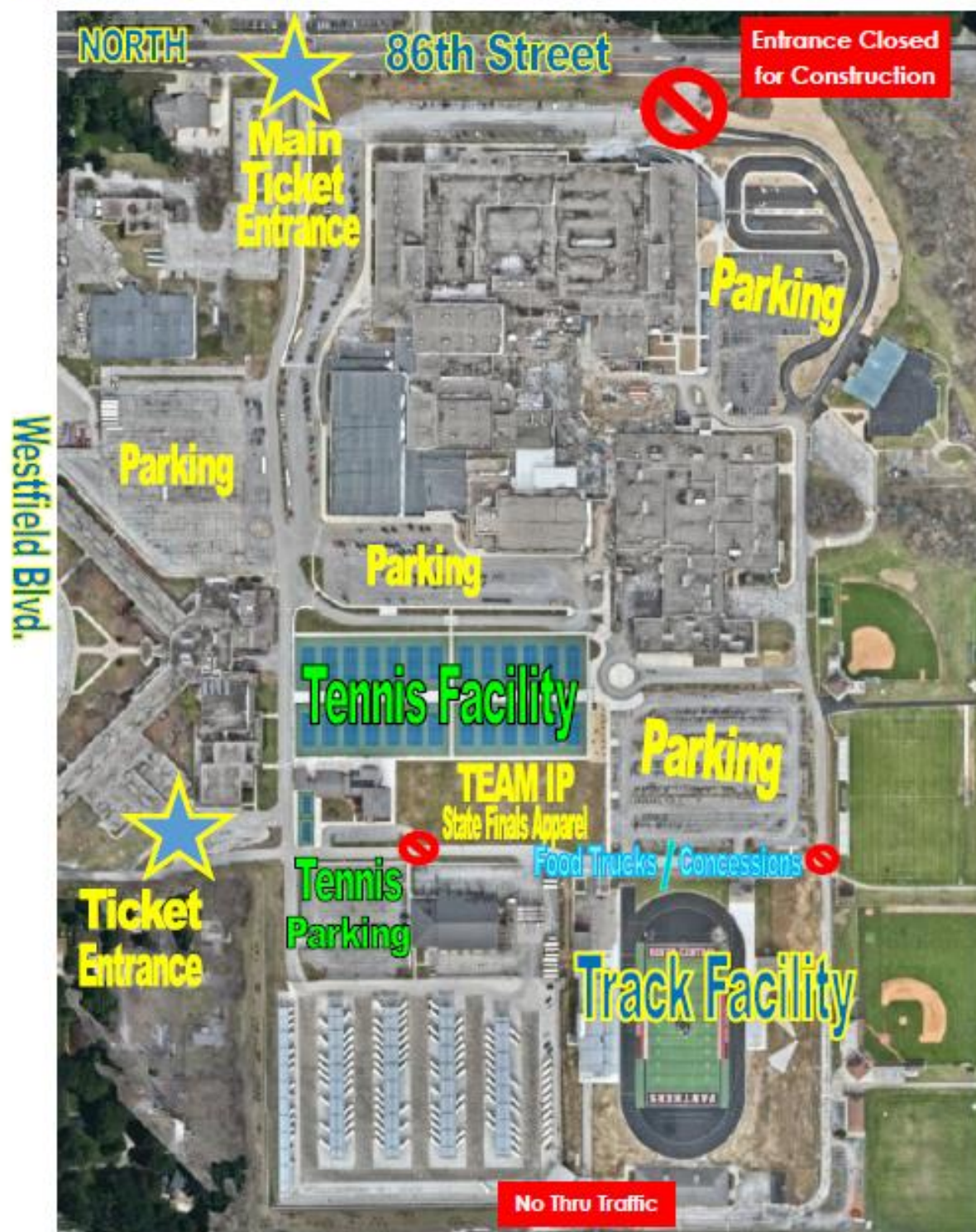
IHSAA Tennis State Finals



North Central High School

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*Tickets will be redeemed when entering parking lot.



IHSAA Track & Field State Finals



North Central High School

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