



2024 IHSAA Track & Field State Finals Information

Congratulations on your advancement to the IHSAA Track & Field State Finals Tournament.

A. Tourney Personnel

Assistant Commissioner Janie Ulmer – Tournament Administrator of Girls and Boys Track & Field
Ally Cummins – Boys and Girls Track & Field Tournament Assistant
Assistant Commissioner Brian Lewis - Tournament Administrator for Unified Track & Field
Libby Chang – Unified Track & Field Tournament Assistant
Brian Brase - Tournament Director

B. Dates and Times:

Thursday, May 30th

Practice Sessions

8:00 a.m. – 2:30 p.m. High School 1st Practice Session
3:00 p.m. – 5:00 p.m. Indiana University Practice
5:30 p.m. – 7:30 p.m. High School 2nd Practice Session (All IU gates will be locked by 7:40 p.m.)
Teams will enter Hayes Complex through the Main Gates off Fee Lane

Friday, May 31st

Girls' State Finals

8:00 a.m. – 10:00 a.m. Indiana University Practice
10:30 a.m. – 12:30 p.m. High School Practice Session. Competition Areas close at 12:30 p.m.
1:00 p.m. – 5:00 p.m. Girls Team Registration
(Team Registration will be at the North entrance to the Robert C. Haugh Track & Field Complex, accessible on David Baker Avenue. Please be on time.)

3:00 p.m. - Pole Vault, Long Jump, Discus
3:30 p.m. - High Jump, Shot Put (will begin after the discus event)
4:15 p.m. - 3200m Relay Finals
5:00 p.m. - Running Event Trials
6:15 p.m. - Running Event Finals

Saturday, June 1st

UNIFIED State Finals

8:00 a.m. – 9:30 a.m. Indiana University Practice
9:30 a.m. – 10:30 a.m. High School Practice Session. Competition Areas close at 10:30 a.m.
9:30 a.m. – 10:30 a.m. Unified Team Registration
(Team Registration will be at the North entrance to the Robert C. Haugh Track & Field Complex, accessible on David Baker Avenue. Please be on time.)

11:00 a.m. – Long Jump and Shot Put
12:00 p.m. – 100m Dash Finals (Running events will begin once all field events have concluded)
12:15 p.m. – 400m Dash Finals
12:45 p.m. – 400m Relay Finals (Girls)
1:00 p.m. – 400m Relay Finals (Boys)

Boys' State Finals

8:00 a.m. – 9:30 a.m. Indiana University Practice
9:30 a.m. – 10:30 a.m. High School Practice Session. Competition Areas close at 10:30 a.m.
9:30 a.m. – 5:00 p.m. Girls Team Registration
(Team Registration will be at the North entrance to the Robert C. Haugh Track & Field Complex, accessible on David Baker Avenue. Please be on time.)

3:00 p.m. - Pole Vault, Long Jump, Discus
3:30 p.m. - High Jump, Shot Put (will begin after the discus event)
4:15 p.m. - 3200m Relay Finals
5:00 p.m. - Running Event Trials
6:15 p.m. - Running Event Finals

C. Location

Robert C. Haugh Track and Field Complex, Billy Hayes Track, Indiana University, Bloomington, IN.
1601 N. Fee Lane Bloomington, Indiana 47406

D. Team Drop Off / Parking

Team drop-off will be on **David Baker Avenue**. Buses and vans will be directed to park in lot 12 off of North Fee Lane. There will be signs directing drivers to lot 12. There will not be shuttle service to lot 12. Buses and vans (that do not fit into the parking spots) will be subject to towing on **David Baker Avenue** all day Friday and Saturday. Fans can be directed to Gate 12 or Gate 14 for parking.

E. State Meet Practice Schedule

High school teams will not be permitted to use Hayes Track & Field Complex before Thursday, May 30th. Only Indiana University's Track and Field teams and IHSAA teams are permitted to use the complex Thursday, May 30th through Saturday, June 1st. **(Please review section 'R-Facilities & Equipment', specifically items 3, 4, & 6).**

High school athletes and coaches must be off all track level areas and conclude all practice activities at the end of each practice session. If athletes wish to cool-down after the practice session, they must do so away from the Hayes Complex. Teams may be in the bleacher areas. The IU coaching staff may not be present when any high school athlete is practicing per NCAA rules. Please make sure you are aware of your time. This is to avoid any issues related to the NCAA.

Thursday, May 30th

High School First Session - 8:00 a.m. to 2:30 p.m.

Indiana University Practice 3:00 p.m. – 5:00 p.m.

High School Second Session - 5:30 p.m. to 7:30 p.m. (All IU gates will be locked at 7:40 p.m.)

Teams may enter Robert C. Haugh Complex through the main gates off of Fee Lane.

Friday, May 31st - Girls Championship

Team access and exit through David Baker Avenue Gate only

Indiana University Practice 8:00 a.m. – 10:00 a.m.

High School Morning Session – 10:30 a.m. – 12:30 p.m.

All Competition Areas Close at 12:30 p.m. No Athletes or Coaches in competition Areas.

Meet Access through David Baker Avenue Gate at 10:30 a.m.

Saturday, June 1st – Unified and Boys Championships

Team access and exit through David Baker Avenue Gate only

Indiana University Practice 8:00 a.m. – 9:30 a.m.

High School & Unified Morning Session - 9:30 a.m. to 10:30 a.m.

Unified Team's Facility Access - 9:30 a.m. to time of meet.

- Long jump pit open to Unified athletes only at 10:30 a.m.
- All Competition Areas Close at 10:30 a.m.
- Only Unified Athletes and Coaches in competition Areas.

F. Team Registration Times and Procedure (Please be on time)

Friday, May 31st

Girls: 1:00 p.m. - 5:00 p.m.

Saturday, June 1st

Unified: 9:30 a.m.-10:30 a.m.

Unified field events will begin at 11:00 a.m.

Boys: 9:30 a.m. - 5:00 p.m. (** suggested to allow boys to check in when unified does)

Team Registration will be at the North entrance to the Robert C. Haugh Track and Field Complex, which is accessible on David Baker Avenue.

G. Admission - [Link for Tickets](#)

Coaches, contestants, and student managers:

Wristbands will be provided for 2 coaches and 1 student manager for each participating school. These will be included in your packet. If your school has a competitor(s) in a field event, there will be an additional wristband(s) allowing access to the coach's box for the designated field event. (Wristbands are NON-TRANSFERABLE)

Student Athletes not competing must have a ticket for admittance.

School Administration:

Two complimentary tickets for School Administration will be available at the **Main Entrance**. Sign-in required. Additional tickets may be purchased for **\$15.00**.

Bus Drivers:

Bus drivers will need a ticket for admittance to the event.

General Admission:

Spectators should enter through the main entrance. The admission price is **\$15.00** per person. Gates open at 2:00 p.m. on Friday, May 31st and 9:30 a.m. on Saturday, June 1st. Tickets will be available through Eventlink. All tickets can be redeemed one time. There are no pass outs.

Concessions: All Concessions are cashless.

H. Awards

Medals for running events will be presented one event behind. Contestants must obtain medals personally at the awards stand located in the infield, as announced. Medals for field events will be presented as soon as possible following the event. The top 9 places will receive medals. The Mental Attitude Award, Championship and Runner-up team trophies will be presented after the meet.

The Mental Attitude Award Nominee form is located at www.myIHSAA.net (Resource Library). The completed Mental Attitude Award is due during the Team Registration. Completed online nomination forms must be submitted to Ally Cummins (acummins@ihsaa.org) by Wednesday, May 29th at noon EST.

I. Supervision

Contestants must be accompanied by a coach or a representative designated by the principal.

J. Team Camps

Grass areas outside of the fence surrounding the track may be used for team camps unless needed for meet operations or access. Teams may use freestanding tents in this area. NO STAKES shall be used to construct tents. Please do not block traffic flow or spectator's view. During the practice sessions, please do not use the hammer/discus sector to the north of the track for camp since the area may need to be used for practice. **No tents or umbrellas on the perimeter fences around the track please.**

Singe Person Shade Tents

Shade tents are to be used only by the participants. High Jump shade tents for participants must be in the designated grassy area and will not be permitted on the hard surface.

K. Restrictions

- Signs and banners are prohibited.
- Glass bottles, cans, coolers and alcoholic beverages will not be permitted in the stadium.
- Music without earphones, etc., will not be permitted in the stadium.
- No headphones or electronic devices on the track, at an event area, at any time. This area includes any track level area surfaced with polyurethane. This is a safety issue, and athletes will be asked to leave the track if there is a safety compliance issue.
- Please do not enter the storage building or the press box.
- No one is to be in any other IU Athletics building outside the Hayes Track & Field/Armstrong Stadium complex. No tents or umbrellas in the stands.

L. Sportsmanship

The responsibility for fair play and good sportsmanship rests not only with the school administrators and student body, but most importantly with the coaching staff and athletes. The IHSAA Executive Committee expects and demands the coach of every school behave like a leader and an educator. It further expects that he/she inform the athletes of their responsibilities during the tournament.

M. Coaches' Boxes

There will be coaches' boxes on the infield for the shot put, discus, pole vault, and high jump. Only 1 coach is only permitted in the coaches' box during their athlete's flight. Access will only be granted with a specific wristband issued by the IHSAA. After a school's participant is eliminated from the field event, the coach and athlete are to leave the field event area.

N. Physicians/Trainers Tent

Located at the southeast corner of the stadium. This service will be available to contestants throughout the meet.

O. Warm-up and cool-down

Armstrong Stadium located adjacent to the Robert C. Haugh Track and Field Complex will be used as a warm-up venue. Armstrong Stadium will have an area open on the track for athletes to warm-up and cool-down. Beside the track, ice baths will be located if needed based on the weather.

- There will be hurdles on the track for warm-ups (there will not be any lane or hurdle markings on the track).
- Blocks will not be supplied by IU at the warm-up track.
- No athletes on the Armstrong Soccer Field at any time, or beyond any barricades around the practice area.
- Only athletes, coaches, and/or athletic trainers in the warm-up/cool-down area. No parents or non-competing athletes.

P. High Jump and Pole Vault Starting Heights and Progressions

Posted on www.myIHSAA.net in the Resource Library/Track & Field.

Q. Advancement to Finals with Power Failure

In the event of a malfunction of the automatic timing system, advancement from trials to finals shall be: Hurdles, 100m, 200m - first 3 from each heat.

R. Facilities and Equipment

1. **Fully automatic timing equipment will be used. No hand-held back-up times will be used.**
2. All equipment to be used in the weight events shall be weighed and checked for every dimension prior to the starting time of the field events, and will be impounded upon weighing in, in the Officials Room located at the east end of the stadium.
3. Lanes 1, 2, or 3 - No hurdles, relay exchanges, or blocks in lanes 1, 2, or 3 at any time.
4. Hurdles - Please drop to the lowest setting placed no more than 10 to a cart when finished. There will be racks left in numerous locations on the track.
5. Only spikes of 1/4" will be permitted. Hex head and needle spikes will **not** be permitted. This includes practices and meets.



6. Starting blocks - Please place back on carts after use. Please do not leave blocks on the track or infield when you are finished. Teams may use their own blocks for both practice and the meets if approved by an IHSAA official. Blocks cannot have any longer than 1/2" spikes. Blocks may not be used if requiring someone to hold them in place. The IHSAA and IU will not be responsible, or ship blocks left at the facility.
7. Marks - Tape may be used for marks and relays, but please remove all tape and throw away when you are finished. Do not use chalk or thumbtacks anywhere on the track surface. This is an Indiana University policy.
8. Check marks for the high jump event are limited to 2 per contestant. No markings shall be permitted within 4 feet of the bar.
9. Field events areas may be used only if the event coach is present. Athletes are not permitted to throw implements or practice jumping if they do not have a coach supervising the event.
10. Horizontal Jumps - Rakes/brooms should be left against the wall. Any sand thrown from the pits should be swept back into the pits before you leave. The long jump boards are 10' 2" from the sand pits.
11. Vertical Jumps - Pole vault and high jump pits are to be covered at the end of your session. Do not move any of the landing pits. Crossbars will not be available for practice sessions. Leave any bungee on the standards.
 - **Pole Vault Equipment** may be placed on the pole racks for storage under the equipment tents both Thursday and Friday. **Please do not leave your starting blocks at the track overnight.**
 - There will not be any tip-n-tilt bleachers on the infield in the coaches' area during competition. Please bring your own chairs.
 - High Jump Passes - contestants who have passed 3 consecutive heights may have a run-through without the bar.
12. Discus - Do not move, twist, lift, or tie-back any part of the discus cage.
 - Any mowing or site preparation work happening in an event area will make the area closed to athletes and coaches. If there is mowing anywhere inside the track, the discus circle inside the track is not to be used. If this happens, a discus circle is inside the hammer cage at the David Baker Avenue end of the complex.
13. A 34.92-degree sector will be used for the shot put and discus events.
14. Excused Contestant for Field Events
 - The contestant shall inform the running event clerk if he/she is a contestant in a field event.
 - The contestant shall leave the field event on the 2nd call for a running event.

- The field event judge shall record the time the contestant leaves the field event.
 - If the race is 400m or less, the contestant shall return to the field event no more than five (5) minutes after the completion of his/her respective race.
 - If the race is 800m or more, the contestant shall return to the field event no more than ten (10) minutes after the completion of his/her respective race.
15. Visiting Team's Equipment - The IHSAA and IU will not be responsible or ship any equipment left at the facility.
 16. Restrooms - located up the stairs on the Armstrong Soccer Stadium concourse behind the Armstrong bleachers.
 17. Trash - Please make sure all trash is placed in a trash or recycling receptacle.

S. Relays

All eligible relay participants are listed on materials retained by the Clerk of the Course. Your relay team is required to report the four names of the actual participants to the clerk upon check-in.

T. Event Check-In

Please have your contestants report to the Clerk of the Course on the first call for all events. The Clerk will be located in the tent at the South end of the stadium.

U. Pole Vault Verification

Pole vaulters shall report to the pole vault area to turn in their pole vault verification form and their pole inspected prior to the competition beginning. Each vaulter's weight must be verified by his coach on the form provided by the IHSAA. The form must be given to the head pole vault judge prior to competition.

V. Results

Results will be available to the media at the media filing area upon the conclusion of the meet. Results may be from the IHSAA website at www.ihsaa.org and <https://www.directathletics.com/>.

W. Expense Forms

Expense forms will NOT be distributed by the IHSAA. The IHSAA office will calculate expenses and mail expense checks to member school principals after the conclusion of the tournament series.

X. Approximate Time Schedule

- a. Field Event Trials and Finals
3:00 p.m. - Pole Vault, Long Jump and Discus. (Shot Put will begin after the discus event)
3:30 p.m. - High Jump
- b. Running Events

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| 4:15 p.m. - 3200m Relay | 6:45 p.m. - 400m Relay |
| 5:00 p.m. - 100m Dash Trials | 7:05 p.m. - 400m Dash |
| 5:15 p.m. - 100m/110m Hurdle Trials | 7:20 p.m. - 300m Hurdles |
| 5:40 p.m. - 200m Dash Trials | 7:45 p.m. - 800m Run |
| 6:10 p.m. - Opening Ceremonies | 8:05 p.m. - 200m Dash |
| 6:15 p.m. - 100m/110m Hurdles | 8:15 p.m. - 3200m Run |
| 6:25 p.m. - 100m Dash | 8:30 p.m. - 1600m Relay |
| 6:35 p.m. - 1600m Run | |

We anticipate an outstanding event and wish all participants a satisfying and enjoyable competitive experience. If you have further questions about Boys and Girls Track & Field, contact Janie Ulmer at julmer@ihsaa.org / 219-363-3777 or Ally Cummins acummins@ihsaa.org / 317-979-2337 If you have further questions about Unified Track & Field, contact Brian Lewis blewis@ihsaa.org / 812-630-2736 or Libby Chang lchang@ihsaa.org / 574-209-2122.