

# IHSAA Tennis Controlled Scrimmage

## RULES AND REGULATIONS

**DATE:** Each tennis-playing school may participate in one inter-school controlled scrimmage match to be held between the time after 5 days of practice and at least 48 hours prior to each school's first scheduled match. Players participating in the scrimmage shall have actively participated in a minimum of 5 practices.

Each school is limited to one scrimmage. JV and freshmen players may be utilized as long as they have been included in the practices prior to the scrimmage and their time is included as part of the scrimmage time limit. There shall be no separate JV or freshman scrimmage.

**CONTRACTUAL AGREEMENT:** Schools that elect to participate in the scrimmage must schedule another Indiana team. Schools are urged to select a team that is at a similar talent level. There shall be a contract between the two schools that will include the location and time and any special arrangements for providing the balls.

**COACHES:** Each team may have the head coach and one additional coach on the tennis courts during the scrimmage. All other coaches will be outside the courts. There should be no scouting at a scrimmage from coaches of other schools.

Coaches should communicate prior to the scrimmage to ensure the best match-ups of skill levels. The coaches should be sure they are in agreement on the format of the time schedules.

**PLAYERS:** Only those players who have participated in five or more days of practice shall be allowed to participate in the scrimmage. The maximum number of players who can participate in the scrimmage shall be unlimited.

**TIME LIMIT:** The time limit for the scrimmage is 90 minutes, which includes warm-up time.

Warm-Up      10 minutes

Session I     30 minutes

- Varsity level match-ups ([singles and doubles](#))
- JV level match-ups if extra courts are available
- Head coach and one assistant on the courts
- Coaches can provide instruction between points
- Players shall use "regular" scoring
- When time expires, the players should finish the game they are on, and then the match is over, regardless of score.

Session II    30 minutes

- Varsity level match-ups ([singles and doubles](#))
- JV level match-ups if extra courts are available
- Head coach and one assistant on the courts
- Coaches can provide instruction between points
- Players shall use "regular" scoring
- When time expires, the players should finish the game they are on, and then the match is over, regardless of score.

Session III   20 minutes

- Varsity or JV level match-ups (singles or doubles)
- Head coach and one assistant on the courts
- Coaches can provide instruction between points
- Player shall use "regular" scoring
- When time expires, the players should finish the point they are on, and then the tiebreaker is over, regardless of score.

**NOTE:** Total time is 90 minutes. If this scrimmage format is not followed, it will be considered a contest and shall count as one of the allowable season contests.